

# 19. Appendix B – Frequency Meanings and Times

Frequency Code	Frequency Meaning	Administration Times									
1x (once)	Once										
5x/Day	5 times a day	800	1100	1400	1700	2000					
6x/Day	6 times a day	0	400	800	1200	1600	2000				
8x/Day	8 times a day	0	300	600	900	1200	1500	1800	2100		
AC (glucoscans)	Before meals - glucoscans	700	1100	1600							
ACHS (glucoscans)	Before meals and at bedtime (glucoscans)	700	1100	1600	2100						
ACHS (meds)	Before meals and at bedtime (meds)	600	1100	1600	2100						
ACHS-3AM	Before meals, at bedtime and at 3am	300	700	1100	1600	2100					
Ad lib	Ad lib										
Ad lib on demand	On demand										
after Dialysis	After Dialysis										
as directed	As directed										
BID	2 times a day	900	2100								
BID With Meals	Twice a day with a meal	800	1700								
BID after eating	Twice a day after eating	900	1800								
BID empty stomach	Twice a day on an empty stomach	600	1600								
BIDMWF	2 times a day Monday, Wednesday and Friday	900	2100								
BIDMWFSu	2 times a day on Monday, Wednesday, Friday and Sunday	900	2100								
BID-respiratory	Twice a day for respiratory meds	700	1900								
daily	Daily	900									
days-FSaSu	Daily-Fri,Sat,Sun	900									
days-FSu	Daily-Fri,Sun	900									
days-MF	Daily-Mon,Fri	900									
days-MFSaSu	Daily-Mon,Fri,Sat,Sun	900									
days-MSa	Daily-Mon,Sat	900									
days-MTh	Daily-Mon,Thurs	900									
days-MThF	Daily-Mon,Thurs,Fri	900									
days-MThSa	Daily-Mon,Thurs,Sat	900									
days-MThSu	Daily-Mon,Thurs,Sun	900									
days-MTuSu	Daily-Mon,Tues,Sun	900									
days-MTuTh	Daily-Mon,Tues,Thurs	900									

days-MTuThF	Daily-Mon,Tues,Thurs,Fri	900
days-MTuThFSa	Daily-Mon,Tues,Thurs,Fri,Sat	900
days-MTuThFSaSu	Daily-Mon,Tues,Thurs,Fri,Sat,Sun	900
days-MTuThFSu	Daily-Mon,Tues,Thurs,Fri,Sun	900
days-MTuThSa	Daily-Mon,Tues,Thurs,Sat	900
days-MTuThSaSu	Daily-Mon,Tues,Thurs,Sat,Sun	900
days-MTuW	Daily-Mon,Tues,Wed	900
days-MTuWFSa	Daily-Mon,Tues,Wed,Fri,Sat	900
days-MTuWFSaSu	Daily-Mon,Tues,Wed,Fri,Sat,Sun	900
days-MTuWFSu	Daily-Mon,Tues,Wed,Fri,Sun	900
days-MTuWSaSu	Daily-Mon,Tues,Wed,Sat,Sun	900
days-MTuWTh	Daily-Mon,Tues,Wed,Thurs	900
days-MTuWThF	Daily-Mon,Tues,Wed,Thurs,Fri	900
days-MTuWThFSa	Daily-Mon,Tues,Wed,Thurs,Fri,Sat	900
days-MTuWThFSu	Daily-Mon,Tues,Wed,Thurs,Fri,Sun	900
days-MTuWThSaSu	Daily-Mon,Tues,Wed,Thurs,Sat,Sun	900
days-MTuWThSu	Daily-Mon,Tues,Wed,Thurs,Sun	900
days-MW	Daily-Mon,Wed	900
days-MWF	Daily-Mon,Wed,Fri	900
days-MWFsa	Daily-Mon,Wed,Fri,Sat	900
days-MWFsaSu	Daily-Mon,Wed,Fri,Sat,Sun	900
days-MWFSu	Daily-Mon,Wed,Fri,Sun	900
days-MWSa	Daily-Mon,Wed,Sat	900
days-MWSu	Daily-Mon,Wed,Sun	900
days-MWTh	Daily-Mon,Wed,Thurs	900
days-MWThSa	Daily-Mon,Wed,Thurs,Sat	900
days-MWThSaSu	Daily-Mon,Wed,Thurs,Sat,Sun	900
days-SaSu	Daily-Sat,Sun	900
days-ThF	Daily-Thurs,Fri	900
days-ThFSa	Daily-Thurs,Fri,Sat	900
days-ThFSaSu	Daily-Thurs,Fri,Sat,Sun	900
days-ThSa	Daily-Thurs,Sat	900
days-Tu,W,Th,F,Su	Daily-Tues,Wed,Thurs,Fri,Sun	900
days-TuF	Daily-Tues,Fri	900
days-TuFSaSu	Daily-Tues,Fri,Sat,Sun	900



q20min	Every 20 minutes										
q21h	Every 21 hours										
q22h	Every 22 hours										
q24h	Every 24 hours	900									
q28days	Every 28 days	900									
q2days	Every other day	900									
q2h	Every 2 hours	0	200	400	600	800	1000	1200	1400	1600	
q2h While Awake	Every 2 hours while awake	600	800	1000	1200	1400	1600	1800	2000	2200	
q2h-respiratory	Every two hours for respiratory meds	100	300	500	700	900	1100	1300	1500	1700	
q30days	Every 30 days	900									
q30min	Every 30 minutes										
q3days	Every 3 days	900									
q3h	Every 3 hours	0	300	600	900	1200	1500	1800	2100		
q3h While Awake	Every 3 hours while awake	600	900	1200	1500	1800	2100				
q3h-respiratory	Every 3 hours for respiratory meds	100	400	700	1000	1300	1600	1900	2200		
q3months	Every 3 months	900									
q3wk	Every 3 weeks	900									
q48h	Every 48 hours	900									
q4day	Every 4 days	900									
q4h	Every 4 hours	0	400	800	1200	1600	2000				
q4h While Awake	Every 4 hours while awake	600	1000	1400	1800	2200					
q4h-respiratory	Every 4 hours for respiratory meds	300	700	1100	1500	1900	2300				
q4wk	Every 4 weeks	900									
q5days	Every 5 days	900									
q5h	Every 5 hours										
q5min	Every 5 minutes										
q6h	Every 6 hours	0	600	1200	1800						
q6h While Awake	Every 6 hours while awake	600	1200	1800							
q6h-3,9,15,21	Every 6 hours at 3am, 9am, 3pm and 9pm	300	900	1500	2100						
q6h-6,12,18,24	Every 6 hours at 6am, 12 noon, 6pm and midnight	0	600	1200	1800						
q6months	Every 6 months	900									
q6wk	Every 6 weeks	900									
q72h	Every 72 hours	900									
q72h-interval-ATC	Every 72 hours around the clock										
q7day	Every 7 days	900									
q7day-empty stomach	Every 7 days on an empty stomach	600									
q7days-Friday	Every 7 days on Friday	900									
q7days-Monday	Every 7 days on Monday	900									
q7days-Saturday	Every 7 days on Saturday	900									

q7days-Sunday	Every 7 days on Sunday	900			
q7days-Thursday	Every 7 days on Thursday	900			
q7days-Tuesday	Every 7 days on Tuesday	900			
q7days-Wednesday	Every 7 days on Wednesday	900			
q8h	Every 8 hours	0	800	1600	
q8h While Awake	Every 8 hours while awake	800	1600		
q8h-respiratory	Every 8 hours for respiratory meds	700	1500	2300	
q90mins	Every 90 minutes				
q96h	Every 96 hours	900			
qAM	Once a day (in the morning)	900			
qDay	Once a day	900			
qDayHS	Once a day (at bedtime)	2100			
QHS	At bedtime	2100			
QID	4 times a day	900	1300	1800	2100
QIDACHS	Four times a day (before meals and at bedtime)	600	1100	1600	2100
QIDPCHS	Four times a day (after meals and at bedtime)	900	1300	1800	2100
QID-respiratory	Four times a day for respiratory meds	700	1100	1500	1900
QIDWith Meals & HS	Four times a day (with meals and at bedtime)	800	1200	1700	2100
qMonth	Once a month	900			
qOtherDay	Every other day	900			
qOtherDayBID	Two times a day, every other day	900	2100		
qOtherDayQID	Four times a day, every other day	900	1300	1800	2100
qOtherDayTID	Three times a day, every other day	900	1500	2100	
qPM	Once a day (in the evening)	2100			
qShift	Once per shift				
qWeek	Every week	900			
qYear	Yearly	900			
TID	3 times a day	900	1500	2100	
TID With Meals	Three times a day (with meals)	800	1200	1700	
TIDAC	3 times a day before meals	600	1100	1600	
TIDE (pharmacy only)	Three times daily	600	1300	2100	
TIDPC	3 times a day after meals	900	1300	1800	
TID-respiratory	Three times a day for respiratory meds	700	1300	1900	
With Meals & HS	With meals and at bedtime	800	1200	1700	2100