

MBU Cesarean Delivery Post Partum Orders

Directions: 1. Indicate choice when options are available by placing a check in the box
 2. Mark through entire line any prechecked item you ***do not*** wish to order mark through

Attending Physician: _____ Diagnosis: _____
Observation Status Admission for Inpatient Care Admit or transfer to: _____ Unit

ALLERGIES: NKA **ALLERGIC to:** _____

VITAL SIGNS:

- Vital signs every 4 hours x 24 hours; THEN
- Vital signs per unit protocol

ACTIVITY:

- Up to bedside after 4 hours
- Up in chair and ambulate PRN
- Other: _____

DIET:

- Regular diet as tolerated
- Other: _____

IV SOLUTIONS:

- Lactated Ringers IV infuse at 125 ml/hour for first 24 hours after delivery;
- Dextrose 5% and Lactated Ringers IV infuse at 125 ml/hour for first 24 hours after delivery;
- Change to saline lock
- Discontinue IV fluids

MEDICATIONS:

- Ondansetron (Zofran)** 4 mg IV every 4 hours PRN for nausea/vomiting
- Morphine** 5 mg IV every 4 hours PRN x 24 hours after delivery for severe pain level (if pain severe after 24 hours notify Physician)

if tolerating PO:

- Acetaminophen (Tylenol)** 650 mg PO every 4 hours PRN for mild pain
(maximum of 4 grams **acetaminophen** in 24 hours)
- Ibuprofen (Motrin)** 800 mg PO every 8 hours around the clock for mild pain
- Oxycodone/acetaminophen (Percocet) 5/325 mg** one tablet PO every 4 hours PRN for moderate pain level post delivery (may repeat Percocet 5/325 one PO x 1 if pain not relieved)
(maximum of 4 grams **acetaminophen** in 24 hours)
- Oxycodone/acetaminophen (Percocet) 10/325 mg** one tablet PO every 4 hours PRN for severe pain (maximum of 4 grams **acetaminophen** in 24 hours)
- Ondansetron (Zofran)** 4 mg PO every 4 hours PRN for nausea/vomiting after IV discontinued
- Docusate sodium (Colace)** 100 mg PO every 12 hours for constipation if taking narcotics
- Simethicone (Mylicon)** 80 mg PO PC and at bedtime PRN for gas discomfort
- Diphenhydramine (Benadryl)** 25 mg PO every 4 hours PRN for itching
- Prenatal vitamin** one (1) PO daily for maternal well being
- Flintstone vitamin** one (1) PO daily for maternal well being

Patient Identification

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MEDICATIONS: Cont'd

- Folic acid** ___ 1 mg ___ 4 mg one (1) PO daily
- Iron polysaccharide (Niferex)** 150 mg one (1) PO daily for iron supplement
- Ferrous sulfate** 325 mg one (1) PO daily for iron supplement
- Lansinoh Cream** apply topically PRN to breast for nipple soreness/damage after breastfeeding
- Anusol HC cream** topical QID PRN for hemorrhoids
- MMR vaccine** if mom's prenatal lab work states she is non-immune or equivocal

PATIENT CARE:

- Indwelling urinary catheter to bedside drainage; **Discontinue** urinary catheter in 24 hours after spinal anesthesia administered
- Indwelling urinary catheter to bedside drainage; **Discontinue** urinary catheter in 12 hours after epidural/general anesthesia administered
- Record intake and output x 24 hours
- Dressing change to surgical incision PRN
- Fleets enema** per rectum x 1 on post-partum day #3 PRN for constipation
- Repeat **Fleets enema** per rectum x 1 in 12 hours if no results from first Fleets enema
- Tucks** at bedside PRN for hemorrhoids
- Sequential compression devices (SCD) until patient is ambulatory
- Breast binder and ice for dry breast care

LABORATORY:

- CBC with differential first post-partum day
- RhoGam profile if indicated
- Rho(D) Immune Globulin (Rhophylac)** if mom has Rh negative blood with infant that is Rh positive

RESPIRATORY:

- Incentive spirometry every hour x 24 hours

COMMUNICATION:

- Notify physician of temperature elevation to 102° F or if temperature greater than 100.4° F on two (2) occasions, 4 hours apart
- Notify Physician of excessive lochia

ADDITIONAL ORDERS:

Physician _____ Pager _____ Date ___ / ___ / ___ Time: _____
 Verbal Order Verification Signature _____ Date ___ / ___ / ___ Time: _____

****SCAN PHYSICIAN SIGNATURE PAGE FIRST TO PHARMACY****

Patient Identification