

MBU Vaginal Delivery Post Partum Orders

Directions: 1. Indicate choice when options are available by placing a check in the box
 2. Mark through entire line any prechecked item you ***do not*** wish to order mark through

Attending Physician: _____ Diagnosis: _____
Observation Status Admission for Inpatient Care Admit or transfer to: _____ Unit

ALLERGIES: NKA **ALLERGIC to:** _____

VITAL SIGNS:

- Routine vital signs per unit routine
- For patients with sterilization procedure, vital signs every 4 hours x 24 hours

ACTIVITY:

- Up ad lib
- Hygiene activity: may shower and wash hair

DIET:

- Regular diet
- NPO

IV SOLUTIONS:

- Dextrose 5% Lactated Ringers IV infuse at 125 ml/hour beginning at midnight, if NPO for sterilization

MEDICATIONS:

- Acetaminophen (Tylenol)** 650 mg PO every 4 hours PRN for mild pain level; OR
 (maximum of 4 grams of **acetaminophen** in 24 hours)
- Ibuprofen (Motrin)** 800 mg PO every 8 hours PRN for mild pain level post delivery
- Oxycodone/acetaminophen (Percocet)** 5/325 mg one tablet PO every 4 hours PRN, for moderate pain level post delivery,(may repeat **Percocet** 5/325 one PO x 1 if pain not relieved)
 (maximum of 4 grams **acetaminophen** in 24 hours)
- Oxycodone/acetaminophen (Percocet)** 10/325 mg one tablet PO every 4 hrs PRN for severe pain level post delivery (maximum of 4 grams of **acetaminophen** in 24 hours)
- Morphine** 5 mg IV every 3 hours PRN for pain x 24 hours (if NPO for sterilization procedure)
- Docusate sodium (Colace)** 100 mg PO every 12 hours, for constipation or if taking narcotics
- Ondansetron (Zofran)** 4 mg PO every 4 hours PRN for nausea and vomiting
- Simethicone (Mylicon)** 80 mg PO PC and at bedtime PRN for gas discomfort
- Diphenhydramine (Benadryl)** 25 mg PO every 4 hours PRN for itching
- Prenatal Vitamin** PO daily for maternal well being
- Chewable Vitamin 1** PO daily for maternal well being
- Folic acid** ____ 1 mg ____ 4 mg PO daily
- Iron polysaccharide (Niferex)** 150 mg one (1) PO daily for iron supplement

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MEDICATIONS: Cont'd

- Ferrous sulfate** 325 mg one (1) PO daily for iron supplement
- Anusol HC cream topical** QID PRN for hemorrhoids
- Lansinoh Cream** apply topically PRN to breast bilaterally, nipple soreness/damage after breastfeeding
- Administer **MMR vaccine** subcutaneously if mother's prenatal blood work states she is non-immune or equivocal

PATIENT CARE:

- Fleets** enema per rectum x 1 on second post partum day PRN for constipation; THEN
- May repeat **Fleets** enema per rectum 12 hours later if no results for constipation
- Tucks** at bedside PRN use for hemorrhoids
- Straight urinary catheter PRN if unable to void
- If second catheterization required, insert indwelling urinary catheter PRN, leave in place if greater than 200 ml obtained
- Topical anesthetic spray** every hour PRN for perineal discomfort
- Ice pack PRN to perineum for patient comfort post delivery
- Sitz bath BID PRN
- Breast binder and ice, PRN, dry breast care
- For patients with sterilization procedure, change dressing to surgical incision PRN

LABORATORY:

- CBC with Differential first post partum day
- RhoGam Profile if indicated
- Rho(D) Immune Globulin (Rhophylac)** if mother has Rh negative blood with infant that is Rh positive

COMMUNICATION:

- Notify physician temperature elevation 102° F or greater than 100.4° F on two occasions, 4 hrs apart

ADDITIONAL ORDERS:

Physician _____ Pager _____ Date ____ / ____ / ____ Time: _____

Verbal Order Verification Signature _____ Date ____ / ____ / ____ Time: _____

****SCAN PHYSICIAN SIGNATURE PAGE FIRST TO PHARMACY****