

**LDR Oxytocin Challenge Test Orders**

Directions: 1. Indicate choice when options are available by placing a check in the box   
 2. Mark through entire line any prechecked item you ***do not*** wish to order  ~~mark through~~

Attending Physician: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
 Observation Status  Admission for Inpatient Care  Admit or transfer to: \_\_\_\_\_ Unit

**ALLERGIES:**  NKA **ALLERGIC to:** \_\_\_\_\_

**VITAL SIGNS:**

- Vital signs every 1 hour
- Vital signs every 30 minutes if pregnancy induced hypertension

**ACTIVITY:**

- Bed rest with bathroom privileges

**DIET:**

- NPO except ice chips

**IV SOLUTIONS:**

- Lactated Ringers IV infuse at 50 ml/hour
- Lactated Ringers 250 ml with **oxytocin (Pitocin)** 15 units IV infuse per pump starting at 4 milliunits/minute; increase **oxytocin (Pitocin)** by 4 milliunits every 20 minutes (not to exceed 40 milliunits/minute), until 3 palpable/uncomfortable uterine contractions in 10 minutes lasting 40 seconds have been noted/reported by patient

**PATIENT CARE:**

- External fetal monitoring

**COMMUNICATION:**

- Current CBC with Differential on chart (within 48 hours of procedure)
- Discontinue OCT (Oxytocin Challenge Test), contact Physician if: **Positive OCT** (late decelerations after 50% of contractions, even if the contraction frequency is less than 3 in 10 minutes)
- Discontinue OCT (Oxytocin Challenge Test) and contact Physician if: **Equivocal-hyperstimulatory** (fetal heart rate decelerations that occur in the presence of contractions more frequent than every 2 minutes or lasting longer than 90 seconds)
- Discontinue OCT (Oxytocin Challenge Test) and contact Physician if: **Equivocal/suspicious** (intermittent late variable decelerations)
- Notify Physician regarding fetal response once uterine contraction criteria has been met or if any decelerations in fetal heart rate noted

**ADDITIONAL ORDERS:**

Physician \_\_\_\_\_ Pager \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Time: \_\_\_\_\_  
 Verbal Order Verification Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Time: \_\_\_\_\_